

Retiring Well: Let's Reflect

Group 1

Give an example of a man or woman who, in your judgement, retired well. What made their retirement successful?

Group 2

Discuss someone who started preparing for retirement early. How did it help them, and what lessons can we learn?

Group 3

Describe how retirees can find new purpose and stay connected with former colleagues and their institution.

Group 4

Identify the financial and health preparations a person should make before retiring.

Group 5

Describe what a typical day should look like for someone who has retired well.

Time: 15 minutes. Each group should agree on three key points to share in plenary.